

11.14.19 BARSTOOL ASTROLOGY

If you're reading this you've made it to the homestretch of Mercury in retrograde, the calamitous part of the calendar year when the planet that rules communication begins a backspin that leaves us with frayed nerves, broken electronics, lamentable latenight text exchanges and flared tempers. It's the astrological equivalent of a bender weekend in Las Vegas.

Luckily, this week's full moon in Taurus brings a boon of nourishing, productive energy. A balance between indulgence and industry, this lunar light encourages us to work hard, eat well, pay lapsed parking tickets, wear velvet, and nap often and unapologetically.

With the sun still in Scorpio, Taurus' astrological opposite, we are primed to discover hidden knowledge through physical experience. This opposition also offers us all the chance to redefine what nourishing, productive love can, and should feel like. Be it romantic, platonic or familial, love in its purest sense is marked by deep compassion and radical acceptance. In its most reptilian incarnation, control, manipulation and degradation disguise themselves as love. No more of that friends. This season of opposition and transformation supports us as we move towards accepting and bestowing what the lord of easy listening, Mr. Steve Winwood righteously referred to as a higher love. Raise up.

ARIES

Disappointment distills desire. In the weeks ahead you are meant to recalibrate how you respond to being let down and how you recover when plans are derailed. Look in before you lash out.

Notable Aries: Tim Curry

TAURUS

You're normally a team player and a plan sharer but now is not the hour. Give yourself the time and space to gestate dreams and schemes without soliciting the negative influence or naysaying insights of outsiders.

Notable Taurus: Grace Jones

GEMINI

You are prone to being overly idealistic and as such, easily disappointed, in romantic relationships. The final days of Scorpio season encourage you to look compassionately at the shadow side of your partner and challenges you to accept the imperfections you find. You may even recognize something of yourself as you peer into their dark.

Notable Gemini: Notorious B.I.G

CANCER

Current planetary alignments have you feeling more sensitive and less appreciated than usual. Now is not the time for explosive reactions or confrontations. Subvert your own sensitivity by celebrating and demonstrating gratitude for the friends who have shown you consistent care and concern.

Notable Cancer: Hunter S. Thompson

LEO

You are prone to feel an uncommon and unsettling rage in the weeks ahead. This energy is meant to be harnessed not repressed. Honor it through healthy expression; a ceremonial burning, a night out at your local fight club, a Pollack inspired painting. Whatever you do, don't bury it, resist it or direct it at an undeserving target.

Notable Leo: Marcel Duchamp

VIRGO

Communication in the coming weeks will prove challenging. You're left feeling like a misunderstood teenager, seething in a black hoodie mumbling about the patriarchy and listening ad nauseum to fellow Virgo Leonard Cohen. It's a great time to write, less so to speak.

Notable Virgo: George R.R. Martin

LIBRA

You're great at talking about compromise Libra, but you generally fall short of putting that talk to action. Consider that meeting someone in the middle can be an enriching challenge, not a begrudging sacrifice. Notable Libra: Caravaggio

SCORPIO

You may be feeling misunderstood or misrepresented Scorpio. There's a disconnect between how you are perceived and how you see yourself. This metaphorical cracked mirror is meant to be a lesson. What essential parts of yourself are you disguising and why? Allow yourself to be known in your own brave, breathtaking totality.

Notable Scorpio: Lisa Bonet

SAGGITARIUS

Usually future focused, you may find yourself feeling uncharacteristically nostalgic in the coming weeks arrow slinger. The past exists to remind you not only of what you've overcome but what you are capable of. All signs indicate the best is yet to come.

Notable Sagittarius: Mark Twain

CAPRICORN

In the immortal words of gravel voiced saint, Tom Waits, "money's just something you throw off of the back of a train." Take heed the sentiment Capricorn, release the need for spoils and enjoy the ride.

Notable Capricorn: Marilyn Manson

AQUARIUS

Concern and control may feel indistinguishable in the weeks ahead. Remember that how you feel about your life choices is fundamentally more important than what others think of them. Trust yourself and drown out the static of your skeptics.

Notable Aquarius: Angela Davis

PISCES

Now is the time for flexible formulation, not rash action. Sketch out your dream in broad strokes but use an erasable marker. Plans, people, place and timeline are destined to shift. Adapt and you will overcome.

Notable Pisces: Auguste Renoir